



DURHAM COUNTY CARERS SUPPORT

Sam Stimpson
Welfare Benefits Development Worker

Who do we support?



- Carer that does a little or a lot
- Carer that works full time
- Distant Carer
- Nursing Home or Residential Setting
- Over the age of 18



Carer? Not me!



Do you....

- ▶ Attend regular GP or Hospital appointments with someone to support them?
- ▶ Shop, collect prescriptions, deal with everyday day issues or crises on behalf of another person?
- ▶ Manage finances because a person doesn't cope well?
- ▶ Call or visit someone to “make sure they are ok”?
- ▶ **3 in 5 people will be a carer at some point in their lives.**



- ▶ 6.5 million Carers in the UK
- ▶ 1.7 million NHS employees in the UK
- ▶ 5,430,016 Carers in England
- ▶ Over 60,000 Carers in County Durham
- ▶ Saves the nation 132 billion pounds a year

- As of today, 13,525 Carers registered with DCCS
- Receiving around 1,900 referrals per year
- GP Practices
- NHS services
- Social Care & MH Teams
- Job Centres
- Advice in County Durham Portal
- Other Voluntary agencies



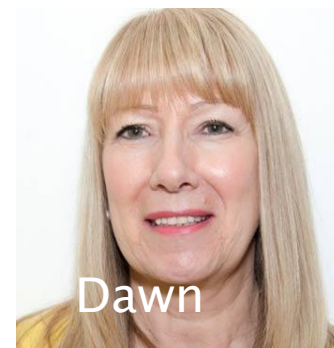
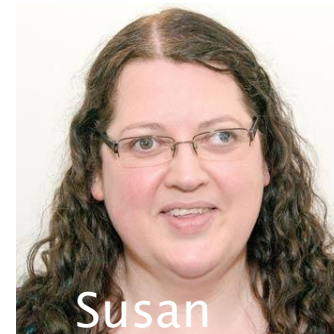
Contact Team



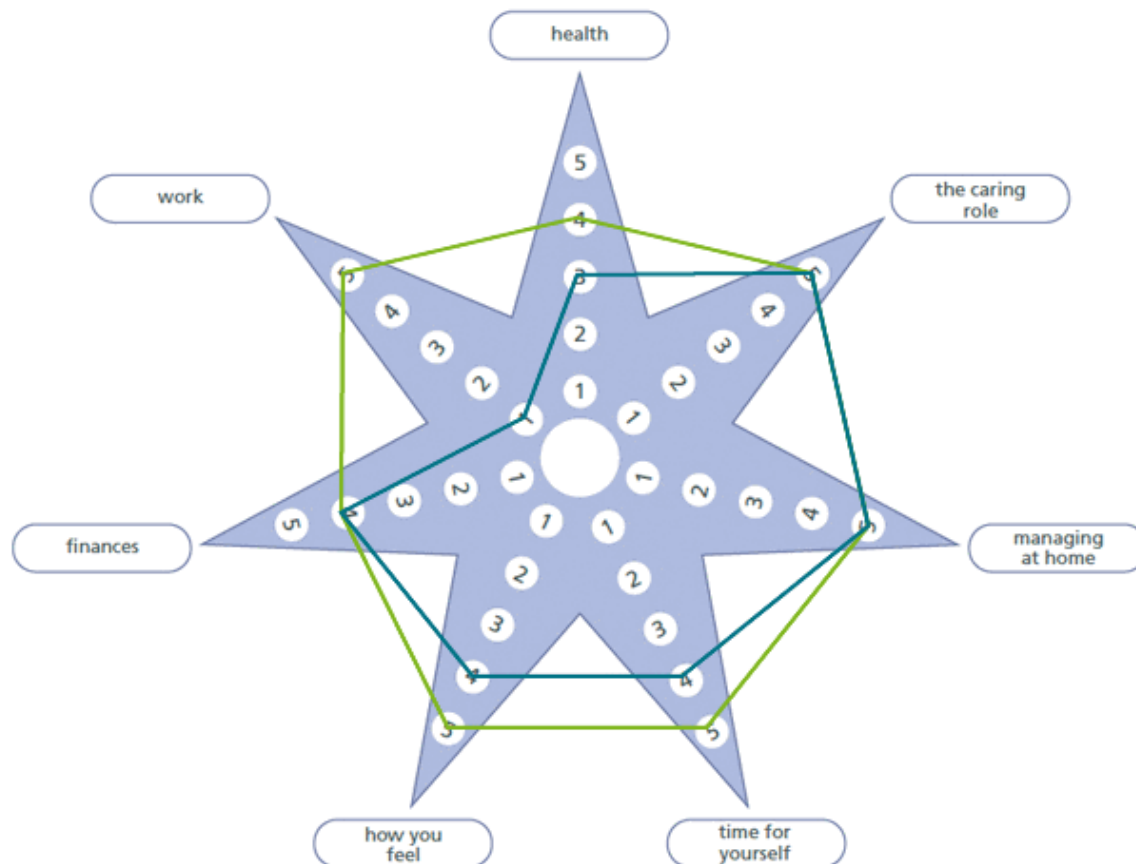
The South Team



The North Team



Carers Star Assessment



CARERS SERVICES



- ▶ Specialist help and advice
- ▶ Help to complete Benefit forms – 2.8M recorded 15/16
- ▶ Low level advocacy
- ▶ Specialist Courses for Mental Health Carers
- ▶ Counselling
- ▶ Cross Refer to other organisations
- ▶ Quarterly Newsletter
- ▶ Carers Echo
- ▶ Carers Card
- ▶ Carers Emergency Support Scheme
- ▶ Moving and Assisting courses

Carer Personalised Breaks



- ▶ Complementary Therapy, Spa day, Cinema Voucher, Theatre Voucher, Annual Beamish Pass, Gardening Equipment, Gym Membership, Craft Materials, Football Tickets and more.

Something different!



“I tell everyone how much my skate pack has changed my life. I have somewhere to burn off stress, new friends, I’m fitter and I feel like I’m doing something good.”



A MOTHER is calling on people to get their skates on to help raise money for the charity which helped her and her son.

Kelly from Bowburn, near Durham, is holding a 24-hour “skate-a-thon” in aid of the National Autistic Society after receiving help concerning her seven-year-old son. – **NORTHERN ECHO** – April 2016

Opportunities



- ▶ Driving lessons
- ▶ Computers or Tablets
- ▶ Accredited Courses
- ▶ Residential Breaks

The Development Team



Carole

Mental Health



Sam

Welfare & Benefits



Alison

Parent Carers



Susan

Learning Difficulties



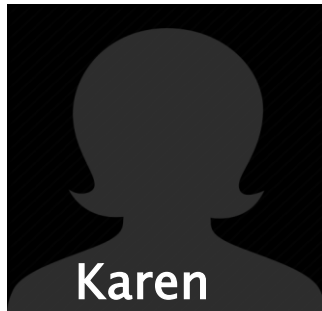
Sara

Parent Carers



Andrea

Volunteers



Karen

Mental Health



Jan

Health & Social
Care

Carer Engagement



**Social Media
& website**

Face to face

**Survey
Monkey**

**Satisfaction
Post Card**

**Telephone
Consultation**

**Postal paper
Surveys**

Carers Week 2016!



- ▶ Pharmacies
- ▶ GP surgeries
- ▶ Local Press
- ▶ Local Radio
- ▶ Facebook
- ▶ Twitter



6-12 June 2016

carersweek.org

Professionals Networking Event





Contact us



- ▶ Contact Team 03000 051213
- ▶ Email admin@dccarers.org
- ▶ Text 07624 818 403
- ▶  Durham County Carers Support
- ▶  @dccarers
- ▶ <http://www.dccarers.org/>